

# THE SATTVA TIMES



GRADE - VI & VII

ACADEMIC YEAR 2018-19

## Activity Arena

Club activities are related to our daily subjects and they also give us more knowledge than what we learn every day.

### Music Club

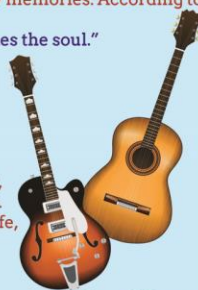
We Sattvites attend the Music Club once in a week. This is my favourite club. It helps me to enhance my knowledge in different co-scholastic areas other than in my academic subjects. In music club we learn about music beats, new songs and how to play guitar. Music helps me in expressing my feelings by singing. It helps me to refresh my mind. Singing exercises our heart, lungs and also releases endorphins making us feel good. All it takes is a song to bring back my memories. According to me -

"Music is the movement of sound that reaches the soul."

#### Poem:

We have a club,  
With lots of fun,  
In our club we learn more,  
And play more,  
With lots of joy.

This is a club which refreshes us,  
It makes us happy and energetic.  
Music expresses love, music is life,  
I see my life in terms of music,  
Music makes me happy,  
It is my love.



Trupti Sharma  
(Jal House)

## FROM MY PERSONAL DIARY: MY FIRST DAY AT SCHOOL

My first day at school is an important memory of my life. It is very natural for any student to remember the first day at school. There was a feeling of fear and anxiety the previous night before going to school. Of course, it is my school-going age so I was super excited too.

The next morning, I woke up early and dressed up quickly. When the bus arrived, I boarded it and saw many students there. I took a seat. I was little bit nervous as everyone stared at me and some of them asked me a few questions. I replied to their questions happily. Then we reached the school.

The school campus was very big. I was escorted by one of the students to the Principal's office. Our Principal Ma'am's behaviour towards me soothed my nerves. She allowed me to attend the class. The class teacher asked my name and whereabouts. And then she made me sit beside a student who seemed to be kind.

The environment of the school was new to me so I found difficulty in understanding the things around me. But the kind student sitting beside me helped and made me feel comfortable. One after the other the bell rang and the periods changed. There were different teachers for different subjects. After four consecutive classes, there was a recess of half an hour when we had to go to the canteen. That was the time when I got a chance to interact with my classmates. The food tasted delicious.

After recess there were four more classes. The last was music class. I found the music teacher to be friendly. And at that time I put all my nervousness aside. The class ended at 3 p.m. but I was not willing to leave the school. The memory of my first day at school is imbedded in my mind. I feel proud to study in Sattva Vikas School.

Saanvi Patel  
(Vayu House)



## MY VERY FIRST EXPERIENCE OF SLEEP OVER IN SATTVA

My school holds a sleepover day every year. And this year I was very thrilled to attend the night stay. I was curious to learn and enjoy new activities.

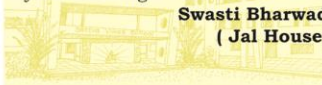
Night Stay is the time when we make a strong bonding with our friends and teachers. We also learn new values and skills. The best and the most surprising part of our night stay is that every year we students get to experience something new. It's like our curiosity saying, what's next? On the day of night stay, we studied in the school as usual and then all the students were grouped depending on the activities. All the activities were fun filled educative games. Students were offered mouth watering snacks, refreshments and meals.

Some team members of Anala Association were invited to organize an educational program for the students. A magic show was also set up for the students at the end of the day.

Sunday morning was a yet another pleasant surprise for all the students. A Jumba instructor was invited to conduct a session of Jumba for us. It was very energetic and full of gratification.

The night stay was an excellent experience. I enjoyed the Jumba session and the chocolate party with my friends at night the most.

Swasti Bharwad  
(Jal House)



## My Experiments

Learning science with hands-on-activities is really fun. We Sattvites are privileged to learn chemistry, biology and physics in the respective labs which are well-equipped with apparatus and lab manuals. By getting a practical experience we understand the concepts effortlessly. We maintain our journals of the experiments that we performed. By performing the experiments on the acid and base we become well versed with their properties and can identify the acidic and basic substances in our day-to-day life. It's fun to observe different modes of transfer of heat in solid and liquid by conducting the experiment on conduction and convection. I love to visit the laboratory and perform experiments.

Learning and innovation go hand in hand.

Armani Patel  
(Vayu House)



## A Trip To Italy

During this summer vacation my family and I went to Italy. It was a trip of 15 days. I was very excited. We landed at the Italy airport and it was the time when all the fun started. We drove to Venice where I was surprised to see there were no cars and no roads but only boats sailing in the streams. Then we visited the Leaning Tower of Pisa and clicked photographs of the beautiful structure. I came to know the story about it. We also enjoyed the mouth watering delicious pizza and pasta. The most amazing part about Rome was when we visited different art museums and got to know all the history behind the paintings. It's a large city so we toured the whole city on a segway. We also visited the valley of the mountain range 'The Alps' where we had adventurous activities like trekking, zip lining, etc. These fifteen days were the most memorable as they enriched my knowledge about the European Countries.

Isha Majithia  
(Bhumi House)



## Book Review

### 'The Chronicles of Narnia'

We live in a story shaped world. As children we like to be enchanted by fairy tales. The 'Chronicles of Narnia' is one of them. The Narnia stories are set in context of an imaginary world where issues of right or wrong, trust and betrayal, life and death are focused on.

I personally loved how Lewis created Narnia, a land of magical creatures and adventures. The author 'Lewis' describes his characters in such a way that we children at the age of nine or even adults would enjoy. I liked Lucy the best because she is a curious, truthful and kind-hearted girl whom I could relate to. This book taught me two important lessons - that looks can deceive and that two wrongs don't make a right. My favourite part in the book was when Aslan was un-stoning the statues and everything came to life. It made me feel as if all the un-stoned animals were right in front of me, beckoning me to join them. It is a must read by everyone!

Devanshi Zala  
(Agni House)



## LEARNING WITH FUN Readathon

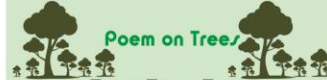
Year round many activities are held in our school. One of them recently held was 'Read-A-Thon'. For Read-A-Thon, we are provided two sets of novels in a gap of three days. We have to first read the novel. Then, on a pre decided date we discuss the novel read. It's a group activity where we are made to sit together in a group of two or more and fun assignments based on the novel is given to us. We discuss the answers with our classmates. Besides giving us pleasure, this activity also augments the skills of team work, reading, writing, group discussion, and comprehension. Thank You Sattva for guiding us towards the 'JOY OF READING'!

Khwaish Shah  
(Bhumi House)

## Tweet of the week 'Go Green'

### Tree Plantation Day 2018

Continuing with the tradition of preserving environment and conducting eco-friendly activities a 'Tree Plantation Day' was organized in our school on 18<sup>th</sup> July, 2018, to sensitize the Sattvites towards the nature. On this day, all the Sattvites brought different types of saplings and planted them in the school campus. Sattvites nurture them with love and care round the year. We love this day and enthusiastically take part in 'Go Green Drive' conducted by our school.



### Poem on Tree

Trees, Trees, Trees,  
Trees are short, trees are tall,  
Trees are big, trees are small,  
Trees are for helping all.  
Trees make the planet,  
Fresh and beautiful.  
Trees are the gift of nature,  
And helpful for every creature,  
Go Green,

To make our Earth clean.  
Trusha Sharma (Vayu House) Pankti Goti (Vayu House)  
Ashvithi Ladumour (Vayu House)





## Knowledgepedia



Miko is a robot basically known as a child's companion. It was created by Emotix in India. Miko is a robot, but it also acts as child's best friend, clock, reminder, browser etc. and grows with the child to cater to specific needs. Miko has wide pool of knowledge and even wider pool of fun. This robot is connected to the parent's smart phones and plays by parent's rules. Something very interesting about it is that the children can learn by playing educational games in it.

**Keshvi Chavda**  
(Vayu House)

## FACTOPEDIA

### Pride for Our Nation Mathematics

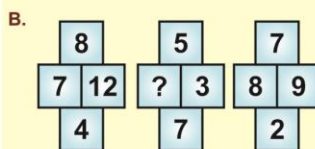
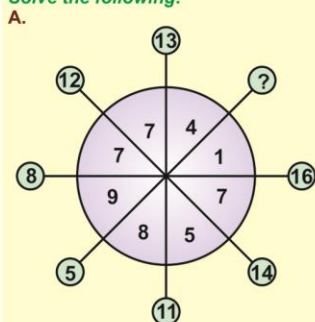
- \* India invented the number system.
- \* Aryabhatta invented zero.
- \* C.R.Rao is a well-known statistician, famous for his "Theory of Estimation".
- \* Karmarkar's algorithm was introduced by Narendra Karmarkar in 1984 for solving linear programming problems.
- \* The value of 'pi' was first calculated by the Indian Mathematician Budhayana, in 6<sup>th</sup> Century and he explained the concept of what is known as Pythagoras Theorem.

'Perfect numbers like perfect men are very rare.'

'Numbers constitute the only universal language.'

### Mind Benders

Solve the following:



- D. I am an odd number; take away an alphabet and I become even. What number am I?
- E. Using only addition, how can you add eight 8's to get number 1000?
- F. Replace the question mark:  
8, 1, 9, 10, 19, ?, 48

F = 29 (Sum of previous two numbers)  
E = 888 + 88 + 8 + 8 + 8 = 1000  
D = 7 (S-even)  
C = 54 (A.S., 69 + 39) divided by 2 = 54  
B = 19 (A.S., 19 x 3 = 57)  
A = 17 (A.S., 8 + 9 = 17)

**Riya Rojija**  
(Jal House)



Harry Kane

Cristiano Ronaldo

**Parth Vaghela**  
(Bhumi House)

**Karan Rokad**  
(Agni House)

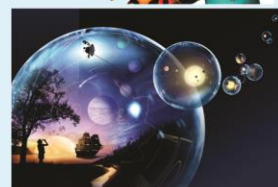
## Young Poets

Science means to learn and explore,  
It tells us about the experiments and technologies,  
We know about the magnet and poles,  
It tells us about flora and fauna,  
We know about action and reaction,  
It tells us about galaxies and planets,  
We know about inventions and innovations,  
Science is all about to learn and explore.

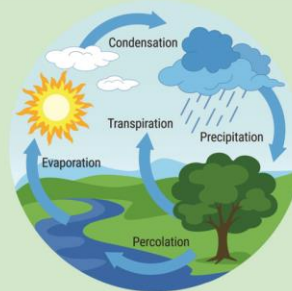
**Mahek Shukla**  
(Agni House)

**Nishita Shah**  
(Vayu House)

## World of Science



### THE WATER CYCLE



Precipitation, Evaporation,  
Transpiration and Condensation,  
They work in a cycle  
That never stops.

The water from ocean rises up in the sky,  
And forms the clouds we see passing by,  
And comes back down,  
In the form of rain,  
The water of the world  
Is always set on recycle.

**Freny Shah**  
(Agni House)

## Imagine

Have you ever imagined in your life?  
A world without pollution,  
Without dirt,  
Such a pleasant world we would have!  
Say no to plastic,  
And see the change will be drastic.  
Recycle the papers,  
And make from it newspapers, sandpapers.  
Without plastic, the world will be fantastic!  
Just try to imagine once,  
And be in your own world.  
This is the best solution,  
I can think, to stop pollution!

**Harshini Rathod**  
(Vayu House)



### Attention! Attention! Attention!

Attention is a key for better retention.

A person should be attentive for all days' work,

So that it makes one smirk.

It helps the students give exams,

With no frustration and great concentration.

All the people should be attentive.

Dads should be attentive to get promotion,

Moms should be attentive to cook delicious food,

Students should be attentive to attain good marks.

Attention is the only key to SUCCESS

Attention! Attention! Attention!

**Kavya Sachania**  
(Jal House)



Respect is give and take.

If we give respect to others,

We can earn respect from others.

To get it back and give it away,

We believe that God wants us to show respect,

Life is short, and we should respect.

**Devarsh Shah**  
(Jal House)





## Activity Arena Eco-Club

Eco Club helps us to acquire feelings of concern for the environment. It motivates us to actively participate in environmental conservation programmes. Our teachers guide us about the different ways and means we can adopt to maintain our ecosystem. It is a platform through which we Sattvites can engage our parents and neighbouring communities to promote environment friendly behaviour. It empowers us to explore environmental concepts and actions beyond the confines of our syllabus. In our last class we learnt about major issues responsible for pollution and discussed the unusual practices adopted by various countries to curb pollution. We are excited about the next session as we have planned to make bird feeders from waste bottles and hang them in our school campus. It gives us a real sense of responsibility for our place of learning. Through such activities we become more articulate, confident, creative and develop a sense of responsibility towards nature.

Heena Shah  
(Agni House)



## FROM MY PERSONAL DIARY:

### MY EXPERIENCE OF COOKING FOR THE FIRST TIME

I still remember when I was young my mother used to tell me that children are not allowed to go in the kitchen. I used to feel annoyed and wonder many a times that what made my mother disallow me to enter the kitchen.

I still remember when I was eight years old, my mother had gone to the market and my elder sister was asleep. I was very hungry. There was nobody in the house to feed me. That very moment I stepped inside the kitchen to find if there was something to eat. I opened the refrigerator but only found a packet of bread. I remembered a day when my mom had prepared a sandwich. I thought that was too simple to make, I began to prepare it. I knew the basics, so I began the work. I chopped the vegetables just like I had seen chefs doing it in television shows.

Now it was time for some grilling! I placed my sandwich in the grill. Till then everything was going well but now I didn't know how to make it work. Soon I read ON/ OFF written on it. Immediately I turned it on and there was a red light. I wondered for how much time I needed to grill it. Meanwhile I saw the red light turning green. An amazing aroma spread when I opened it. I got a plate and served it. While I was busy serving it in the plate, suddenly my mom stood behind me. Mom was angry seeing me and was annoyed seeing the mess in the kitchen. But when she realized that I was hungry, she was no more annoyed. It was just her concern for me. We enjoyed eating mouth watering sandwich. To her surprise it was actually yummy. She appreciated my cooking. My first cooking experience turned out to be excellent... I was happy with my accomplishment. It was very difficult to cook and I contemplated to leave things to the expert chef, my mom!

Haard Patel  
(Vayu House)

## Sattva Annual Sports Meet 2017-18

which was led by the prefectural board of the school with the school flag and house flags of different colours fluttering all around the ground.

Then the students head over to the respective teachers to participate actively in a series of exciting sports events like Kabaddi, Long Jump, High Jump, Table-Tennis, Relay Race, Hurdle Race, and Skating. There were many fun-filled team events and individual events lined up for the entire day. The game I enjoyed the most was table tennis. At the end of every event we were served with refreshments to boost up our energy level.

All the students tried best to make their house win. Throughout the day, we were competitive and determined and showed great encouragement and sportsmanship towards each other. On this day we also learn about the need to abide by the rules, team work, fair play and respect for others. We concluded our day by endearing individual medals, certificates and House trophy for our hard work. It is rightly said that great achievements come our way when we maintain our physical and mental well being. This event is the most memorable event of my life.

Vraj Shah  
(Vayu House)

## Sattva Story Teller

### THE PLANNING

Once upon a time, there were two best friends named Roy and Jay. They studied, and played together. They always did their school assignments together. Jay was a very sincere boy who always pre-planned his chores, but Roy was sluggish and didn't believe in planning.

One day, a Power Point Presentation Competition was held in their school. All the students were asked to prepare a presentation on their own after selecting a topic. Unfortunately both the friends got the same topic from the teacher for the presentation.

Both the friends shared their ideas with each other as to how they would work out on their presentation. While discussing, Roy did not pay any heed to Jay's suggestion thinking that there was a lot of time to prepare. Afterwards, both the friends didn't find time to meet or share their presentation with each other.

Jay started preparing the presentation with the help of his parents and teachers. But Roy waited till the last day of the submission. He faced many problems. Jay did everything with perfect planning, but Roy did it without planning. On the day of the presentation, Jay's performance was commendable. But Roy's performance was not upto the mark. Jay got the first prize. Roy learnt that there is no alternative to hard work.

MORAL: We should always do the work with proper planning to achieve a desired goal.

"A goal without a plan is just like a wish."

Vyom Sachdev  
(Bhumi House)

## Knowledgepedia

### Earth

We all know that Earth is the third nearest planet from the Sun. The earth comes after Venus. Earth is a bit tilted from its axis. The shape of the Earth resembles a marble. Earth was formed 4.5 billion years ago, approximately one-third the age of the universe, by accretion from the solar nebula. Earth is the only living planet. Earth is 71 percent made of water and other 29 percent is continents and islands. Earth is the densest planet of the solar system and largest of the terrestrial planet. Earth takes 365 or 366 days to travel around the Sun. Earth has four cardinal directions and 8 intermediate directions.

### Mother Earth

Mother Earth gives her gifts for all to share,

It gives us light, land, water and soil,

All creatures on it share the land,

To save it let's all lend a helping hand!

You save water and plant a tree,

Don't cut the trees for timber and wood,

Treat everyone nicely and be good.

Make a better home for you and me,

Recycle things, don't lay them free,

Let's celebrate, our everyday,

As Mother Earth Day.

Nikunj Dubal  
(Jal House)

## Brain Teasers

1. Name the fish that makes the loudest sound.
2. Which marine animal is the second most poisonous animal on the planet?
3. Name the fish that has feet to walk.
4. What is the primary food of Baleen Whale?
5. Think about a living organism which lives in oceans and does not have mouth, lungs neither brain but is still alive.
6. Guess the aquatic animal with three hearts.

(3) Seal (4) Krill (5) Sea Sponge (6) Octopus  
(1) Blue Whale (2) Long spine porcupine fish

Answer Key:  
Nishika Patel  
(Jal House)



1. Peter's smart phone fell into a big mug of coffee but didn't get wet. How is this possible?
2. The girl threw butter out of the window. Why?
3. Which letter has the most water?
4. What is the snake's favourite subject in school?
5. What is the spelling of I?
6. What stays in the corner all the time but travels around the world?
7. What can point in every direction but can't reach the destination by itself?

(3) C (4) Hiss-Tory (5) Eye (6) Stamps (7) Finger  
(1) The mug had coffee powder (2) Because she wanted to see a butterfly.

Prasham Mehta  
(Agni House)

## FACTOPEDIA

### Interesting Facts About Hockey

\* **Who invented the game of hockey?**

The British soldiers and immigrants to Canada and the United States brought their stick-and-ball games with them and played with them on the ice and snow in winter. In 1825, John Franklin wrote "The game of hockey played on the ice was the morning sport" on Great Bear Lake during one of his Arctic expeditions.

\* **When was hockey started in India?**

The Indian Team was the first Non-European team to be a part of the International Hockey Federation. In 1928, the team won its first Olympic gold medal. From 1928 to 1956, was the golden period for the Indian Hockey Team. The Indian men's team remained unbeaten in the Olympics, gaining six gold medals in a row.

\* **What is a 'one timer' in hockey?**

In ice hockey, a one timer is a shot that occurs when a player meets a teammate's pass with an immediate slap shot, without any attempt to control the puck on his stick. An effective one timer requires precise timing on the part of both players involved, especially the shooter.

Pavan Sharma  
(Agni House)

## Sports BUZZ



Cricket is a sport which is played between two teams of eleven players in each. They score runs by running between two sets of three small, wooden posts called wickets. Each of the wickets is at one end of a rectangle of flattened grass called the pitch. Around the pitch is a much larger oval of grass called the cricket ground. There is a 30 yard circle between the ground.

Cricket was first played in England and is its national game. It was introduced in India by the British. The first match played in India was in 1721 at Cambay near Baroda. The first One Day International Cricket Match was played in the year 1971 between England and Australia in Melbourne. There are many types of matches in international cricket such as World Cup, ODI, T-20, Test Match etc. They are governed by International Cricket Council (ICC).

### Cricket Factopedia

1. In India, cricket was introduced by British royalty. Parsee community of India was the first to take part in Cricket in 1848.
2. Shahid Afridi used Sachin Tendulkar's bat to hit the fastest ever ODI century.
3. Chris Gayle is the only batsman to hit a six off the first ball of a Test Match.
4. Lala Amarnath is the only bowler to dismiss Don Bradman hit wicket in Test Cricket.
5. India is the only country to win the 60-Over, 50-Over and 20-Over World Cup.

Mahin Patel  
(Vayu House)



# Young Poets!

## The Incredible State Rajasthan

Rajasthan, the royal land,  
Heritage lives in its sand.  
Here are cultures, here is art,  
Desert safari and camel cart.  
Pink city has eight gates,  
They remain open for all dates.  
Jaisalmer is desert's town,  
Camel here is a famous noun.  
Come here and enjoy the past,  
As it will always last.  
Land of heritage, land of culture,  
State of literature and architecture.  
One in the world is Brahma Temple.  
Bhangarh Fort is a haunted point,  
Sariska in Alwar is a hunting joint.

Vedant Baldi  
(Bhumi House)

## Nature

Birds are sweet,  
When they tweet,  
Birds are colourful,  
Birds are beautiful.  
Sun is bright,  
It gives us light,  
Hills are green,  
Hills are brown,  
Forests are green,  
And act like a Queen.  
The clean blue sky,  
Is full of birds that fly.

The rain from the clouds is so refreshing,  
The blowing wind is so soothing.

Vaishwi Patel  
(Jal House)

## CREATIVE Arts CORNER

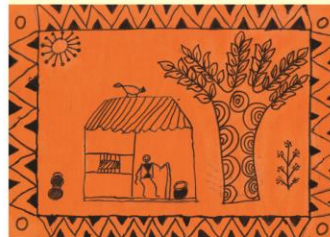
Het Patel (Grade - VII)



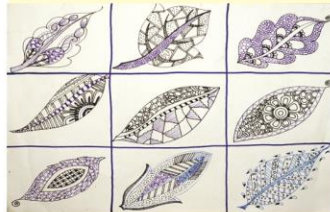
Trusha Sharma (Grade - VII)



Prasham Mehta (Grade - VI)



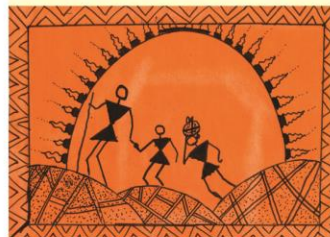
Vaishwi Patel (Grade - VI)



Jay Patel (Grade - VI)



Mohammed Mustufa Memon (Grade - VI)

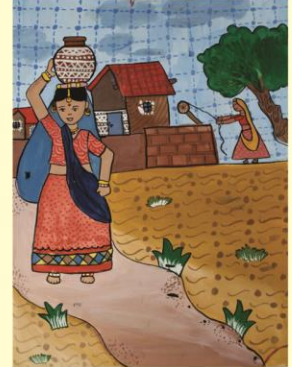


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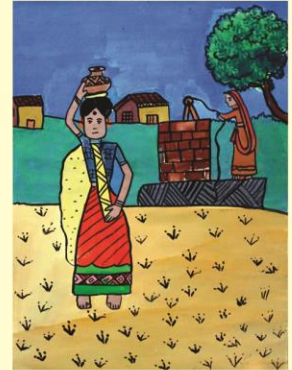
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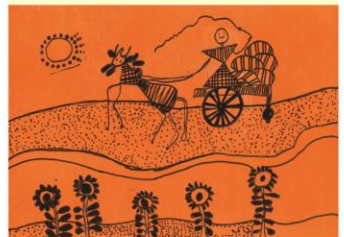
Mahin Patel (Grade - VI)



Dev Prajapati (Grade - VI)



Divyansh Bhatnagar (Grade - VI)



## Photo Gallery

